

CA22161 – Future of plant-based food: Bridging the gap of new proteins and FLAVOURsome

Short-Term Scientific Missions (STSMs)

Before applying for STSM Grants, please remember to check the following:

- **Verify the dates** of the short-term mission. It must conclude **before September 30th**.
- Ensure your **budget aligns with the formula** outlined in the "Terms and Conditions." The **requested amount can not exceed** the calculated amount determined by this formula.
- Confirm that both **the applicant and the supervisor are listed as MC or WG members** and have an active **participation in FLAVOURsome** activities. This requires them to have applied to join one or more working groups (WG) of this COST Action through the e-COST website: <https://e-services.cost.eu/action/CA22161/working-groups/apply>
- The **Application form** must include the information outlined in the "Application process" section. Please ensure to upload it as a PDF document.
- Include a **letter from the host institution** confirming the agreement to receive the applicant on the selected dates.
- Determine if you qualify as a **Young Researcher (YR)**, i.e., if you are **under 40 years old**. If you are a YR, you **must upload a Supporting Letter from your current supervisor** (the one from your home institution)."

If you have any doubts, please contact the Grant Coordinator (Ignacio García-Estévez, igarest@usal.es) or the STSM Coordinator (Violeta Ivanova, violeta.ivanova@ugd.edu.mk) before submitting your application. They can help verify your eligibility and ensure the correctness of your documentation.